

Nepal
2011/2012



a journey to the inaccessible

नेपालिज इन्काउन्टर्स  nepalese encounters
tours & travels (P) Ltd.

Introduction

Travel in Nepal

Population: 29.5 Million

Surface Area: 147,181 Sq KM

Life Expectancy: 62 Years

Literacy rate: 48.6%

Gross National Income: US\$ 240 Per Capita

Nepal means many things and many different people. From Mt Everest to Tenjig Sherpa or Edmund Hillary and from southern tropical wild forest to Himalayan frozen Mountains. Nepal is here for you to design your travel and not you to design it. Everything from adventures to Holidays or Religious to spiritual tour is possible in Nepal. Nepal is a country where you can enjoy holiday weather 365 days a year which is best part of this unforgettable country.

People smile and people joy even this is one of the poorest country of the world which is unique character of this land. Many travelers come here because of the mountains but many of them returns here because of the people. Whether it is your historical tour in the ancient city or your trekking for fitness or for natural beauties in the wilder and high mountains, Nepal is always best option to choose.

Finally this is up to you whether you want to make it happen or not.

Visas

A visa is required when visiting Nepal. Visas (single-entry tourist or multiple entry) can be obtained in advance or on arrival. Items required include one passport photo and cash payment (preferably in US dollars).

Climate

Kathmandu (Capital): 7-30 DC

Pokhara (Second Major City) : 10-32 DC

Jomsom (Annapurna Hub) 2 -22 DC

Namche Bazzar (Everest Hub) 10-15 DC

Airports

There are few direct flights to Nepal, therefore most travellers will need to change aircraft and/or airline en route. Nepal's only international airport is Kathmandu's Tribhuvan Airport.

Security and health

Please consult your nearest Embassy for latest information or visit www.nepal.gov.np

Dialling codes

Nepal's country code is 977.

Currency

The currency is the Nepali Rupee (Rs)

The Average Exchange Rate is 1 USD=74 (at the time of printing this brochure)

Electricity and water

Nepal's power supply is 230 volts, 50Hz 1, 3 phases, generally 2, 3 and 2, 4 wires. The round two-pin plugs are the most common



Everest Base Camp Trek

Chitwan National Park



Annapurna Base Camp Trek



Kathmandu Pasupati



Pokhara Peace Stupa



Trisuli Rafting



Bhote Koshi Bungi Jump



Chitwan Elephant Ride



Mt. Everest

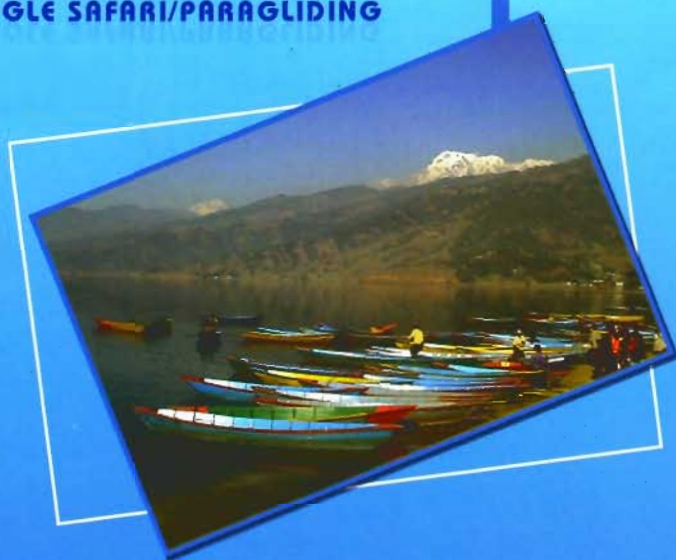
Reason to book with Nepalese Encounters :

- Experienced ground handling guides, porters and assistants
- Tailor-made Itineraries each and every time
- Security-We are a fully licensed travel and trekking agent
- Non Technical descriptions that even first time traveler can comprehend
- Wide range of sightseeing, trekking, jungle safari and other adventures

SIGHT SEEING/ JUNGLE SAFARI/PARAGLIDING

POKHARA

Pokhara is a remarkable place of natural beauty. Situated at an altitude of 827m from the sea level and 200km west of Kathmandu valley, the city is known as a center of adventure. The enchanting city with a population of around 95,000 has several beautiful lakes and offers stunning panoramic views of Himalaya peaks.



Paradise-Pokhara, situated in the central Nepal, is nestled in a region of awesome natural beauty. The valley is filled with lush vegetation, swift Following River and dotted with clear, shimmering lakes. It is one of the major town of Nepal, Providing a perfect gateway from the chaotic life in the cities. pokhara is blessed with the back drop of one of the most dramatic sceneries in the world. A 140 Km of panorama made up of towering Himalayan rangers seen close enough to be touched on a clear day. if Kathmandu is the cultural hub of Nepal then Pokhara is the center of Adventure.



A day click in Pokhara: -

full day sight seeing

Days 1 : Pick up from hotel early in the morning and drive to Sarangkot view point for the panoramic view of Mountain from where you can see the scenery of Mt.Dhaulagiri (8167M) Mt. Fishtail (6999M), Mt Annapurna Ranges and many others. Back from Sarangkot to Bindhabasini Temple one of the famous historical and religious Hindu Temple and after that # Tibetan Refugee Settlement @ Hemja # Seti George @ K.I sing Bridge # Mahendra Cave # Adventure Bat Cave # Old Bazaar # International

Mountain Museum # David Fall (Patale Chango) # Boating on Fewa Lake.

Price Include : Professional City Guide, Private Car/Van, Breakfast/Lunch, all entry fee.

Note : We arrange hotel in Pokhara on your request & can change the programme and price

USD 95
Per person

5 days Himalayan mild Kathmandu Pokhara : -

4 night 5 days, starts : Kathmandu ends : Pokhara

Days 1-3 : Kathmandu. Refer to *Kathmandu comes the thrill Package.*

Day 4 : Pokhara. Early flight to Pokhara, sight seeing.

Day 5 : Pokhara-Kathmandu. Paragliding from Sarangkot and fly back to Kathmandu.

Price Include : Kathmandu Pokhara return flights, standard hotel in BB plan in Kathmandu and Pokhara, 30min paragliding, airport transfer, licensed guide for sight seeing.

Note : Paragliding can be replaced by half day fishing with guide in your camp or resort.



USD 190
Per person
twin share

5 days Himalayan wild Kathmandu Chitwan : -

4 night 5 days, starts : Kathmandu ends : Chitwan

Days 1-3 : Kathmandu. Refer to *Kathmandu comes the thrill Package.*

Day 4 : Chitwan. Drive to Chitwan, arrival at hotel, Tharu village visit, Tharu stick dance

Day 5 : Chitwan-Kathmandu or Pokhara. Breakfast, elephant ride, departure to Kathmandu or Pokhara.

Price Include : Kathmandu-Chitwan-Pokhara/Kathmandu by tourist bus, elephant ride, culture show, parks fee & standard accomodation in BB plan outside National Park.

USD 190
Per person
twin share

SIGHT SEEING/ BUNGI JUMP/RIVER RAFTING

KATHMANDU

Kathmandu, The capital of Nepal, the valley of temples & good has carried a very long history itself. The history of Kathmandu is really a history of the Newars, the main inhabitants of the Kathmandu. Kathmandu a historical place with a variety of cultural heritage, temple of the Living Goddess, who acknowledges the greetings of the devotees from the balcony of her temple residence. Want to discover the Nepal than Kathmandu is the starting place of the destination . once you are in kathmandu than you should visit / sightseeing in kathmandu during the day you will see many world heraitages Like :-



PASHUPATINATH TEMPLE

Situated 5 kilometers east of Kathmandu city, Pashupatinath temple is one of the holiest Hindu temple dedicated to Lord Shiva. Situated amidst a lush green natural setting on the bank of the sacred Bagmati River, the temple built in pagoda style has gilded roof and richly carved silver doors. Visitors will be permitted to view the temple from the east bank of River Bagmati, entrance in the temple being strictly forbidden to all non Hindus. Pasupatinath is the centre of annual pilgrimage on the day of Shivaratri, which falls in the month of February/March. Behind the temples are the cremation grounds.

SWAYAMBHUNATH TEMPLE

Located approximately 4 km/2.5 miles, Buddhist stupa this is said to be 2000 years old. The stupa which forms the main structure is composed of a solid hemisphere of brick and earth supporting a lofty conical spire capped by a pinnacle of copper gilt. Painted on the four sided base of the spire are the all seeing eyes of Lord Buddha. This hill is a mosaic of small Chaityas and Pagoda temples.

BOUDHANATH

This stupa, eight kilometers east of Kathmandu City is one of the biggest in the world of its kind. It stand with four pairs of eyes in the four cardinal direction keeping watch for righteous behaviour and human prosperity. This Buddhist stupa was built by King Man Deva at the advice of Goddess Mani Jogini. It is built on an octagonal base inset with prayer wheels. The shrine is ringed by houses of Lamas of Buddhist priests.

PATAN

5km/3miles away from Kathmandu city. Patan also known as Lalitpur, is the city of fine arts, enclosed within 4 stupas said to be built in 3rd century AD, by Emperor Ashoka. You will see the Durbar Square, the Patan Durbar which houses a bronze collection, the Krishna Temple built by King Siddhi Narsingh Malla, Hiranya Varna Mahavihar and Mahaboudha.

A trip to The Tibetan Refugee Camp and the Handicraft Centre will also be done while visiting Patan, where you will witness the hand weaving of Tibetan carpets and moulding of metal statues.

4 days Kathmandu comes the thrill

4 night 5 days, starts : Kathmandu ends : Kathmandu or Pokhara or Chitwan.

Day 01 : *Kathmandu* – Arrival. Our representative will be at Kathmandu airport & transfer to Hotel. Rest & Overnight @ Hotel

Day 02 : After Breakfast meet our city tour guide at the hotel reception/looby for Kathmandu Sight Seeing and he will take you to:

- Durbar square at Basantapur
 - Boudhanath
 - Syambhu
 - Pashupatinath and many others Temple
- (Evening free for personal activities)

Day 03 : **Option 1** Tour in Bhaktpur & Patan by licensed guide and overnight at Nagarkot (from where you will have the view of sunset on Himalaya and next day early in the morning sunrise on the Himalaya) or **Option 2** bungi jump at Bhote Koshi and return back to Kathmandu or **Option 3** one day river rafting in Trisuli river. Return back to Kathmandu or after rafting going to Pokhara or Chitwan by bus option.

Day 04 : *Kathmandu or Pokhara or Chitwan.* **Option 1** after breakfast drive back to Kathmandu from Nagarkot, **Option 2 or 3** after breakfast enjoy your day in Kathmandu or Pokhara or Chitwan.

Price Include : Sight seeing and activities transportation, Expert City Tour Guide, Standard Accommodation at Kathmandu, Pokhara, Chitwan & Nagarkot at BB plan, site entry and activities fees, drop-pick up to and from international airport.

USD 390
Per person
twin share

TREKKING

ANNAPURNA BASE CAMP TREK

Annapurna Base Camp Trek is also known as Annapurna Sanctuary Trek, which combines some of the most spectacular mountain scenery, providing a fascinating insight into the modern hill life of Nepal. This unique trek along local trails, through forests, villages and terraced farmland treats you to unparalleled mountain scenery, surrounded by enormous glaciers giving you an inside experience into the Nepalese life and culture. The trail to Annapurna base camp follows the Modi River and passes through dense stands of rhododendron and bamboo.



By the time you reach the large rock over hanging, known as Hinku Cave, you will have noticed that the vegetation has thinned and the gorge narrowed to be only a few hundred meters wide. Steep snow-clad ridges falling from Hiunchuli on the left and Machhapuchhare on the right from the entrance to the Sanctuary. As we pass through the "gate" and enter to the Sanctuary, you find yourself in a huge amphitheater enclosed by a solid wall of snow capped peaks. This trek starts and ends in Pokhara or it can be tailored as part of the Annapurna Circuit or the Jomsom / Muktinath trek, by trekking from Tatopani through Ghorepani and Tadapani and joining the main Sanctuary trails at Chhomrong.

13 Days Annapurna Base Camp Trek

- Duration** : - 12 nights 13 days
Max Elevation : - 4095m
Difficulty : - Medium
Season : - Oct-Nov, March-April
Start Point : - Phedi
Finish : - Nayapul

- Day 01** : *Kathmandu*. Pick up from Airport to Hotel/Pre meeting/Briefing about trekking.
Day 02 : *Pokhara*. Fly to Pokhara and over night at Hotel.
Day 03 : *Tolka*. Drive to Phedi from Pokhara and heading for Tolka (1700m, 5-6Hrs)
Day 04 : *Chhomrong*. Tolka to Chhomrong (2210m, 5-6Hrs)
Day 05 : *Bamboo*. Chhomrong to Bamboo (2310m, 3.5-4.5Hrs)
Day 06 : *Deaurali*. 1Bamboo to Deaurali (3140m, 4-5Hrs)
Day 07 : *Deaurali*. Acclimatization day
Day 08 : *ABC*. Deaurali to ABC (4130m, 3-4Hrs)
Day 09 : *Bamboo*. ABC to Bamboo (2310m, 4-5Hrs)
Day 10 : *Jhinu Danda*. Bamboo to Jhinu Danda /Hot Spring (1780m, 4-5Hrs)
Day 11 : *Pokhara*. Jhinu Danda to Nayapul drive to Pokhara (4-5Hrs)
Day 12 : *Pokhara*. Sight seen
Day 13 : *Kathmandu*. Fly to Kathmandu

Price Inclusions : 12 breakfast, 13 lunches and 12 Dinners, Air fare KTM-PKR-KTM, Expert Guide, Necessary porter during the Trek, Group Medical Kit, Standard Accommodation, Trek Package include Sleeping Bag, Private Transportation, All parks entrance fees and Trekking permits, Sight seeing in pokhara, Site entry fees, Drop-pick up from international Airport.



TREKKING

EVEREST BASE CAMP TREK

Mount Everest Base Camp has been a popular destination for trekkers since the very first expeditions to the Nepalese side of Everest in the 1953. To reach this part of the Himalaya within a limited time, we have devised this two week trek to Everest Base Camp which runs directly to and from Lukla.

Most trekkers who do trek they fly into Lukla, climbing steeply through the mountain of khumbu to Everest Base camp or the sacred at gokyo.



The Everest Base Camp trek, a very well known mountain trek, starts at the upper Phakding and follows the Dudh Koshi valley which climbs up to the Sherpa capital of Namche, a bustling bazaar that's a junction for trekkers, the local Sherpa and expeditions en route to the mighty Mt. Everest. All along this part of the trail, villages are interspersed with magnificent forests of rhododendron, magnolia and giant firs. In both the early autumn and late spring, the flowers on this portion of the trek make it the kind of walk you will remember for a long, long time.

15 Days Everest Base Camp Trek

- Duration** :- 14 night 15 days
Max Elevation :- 5545m
Difficulty :- Medium-Hard
Season :- October-December & February – May
Start / Finish :- Lukla



- Day 01** : *Kathmandu*. Pick up from Airport to Hotel/Pre meeting/Briefing about trekking.
Day 02 : *Lukla-Phakding*. Fly Kathmandu to Lukla (2380m) and trek Phakding (2640m)
Day 03 : *Namche*. Trek Phakding to Namche (3440m)
Day 04 : *Rest Day at Namche Bazaar for acclimatization*.
Day 05 : *Tengboche*. Trek Namche Bazaar to Tengboche (3867m)
Day 06 : *Pheriche*. Trek Tengboche to Pheriche (4243m)
Day 07 : *Lobuche*. Trek Pheriche to Lobuche (4930m)
Day 08 : *Acclimatization Day*
Day 09 : *Everest Base Camp- Gorakshep*. Trek Lobuche to Everest base camp (5360m) to Gorakshep (5160m)
Day 10 : *Kalapathar-Lobuche*. Trek Gorakshep to Kalapathar (5545m) to Lobuche (4930m)
Day 11 : *Dingboche*. Trek Lobuche to Dingboche (4260m)
Day 12 : *Tengboche*. Trek Dingboche (4260m) to Tengboche (3867m)
Day 13 : *Namche Bazaar*. Trek Tengboche to Namche Bazaar (3440m)
Day 14 : *Lukla*. Trek Namche Bazaar to Lukla
Day 15 : *Kathmandu*. Fly back to Kathmandu, transfer to Hotel.

Price Inclusions : 13 Breakfast, 13 lunches, 13 Dinners, Transportation, Air fare KTM-Lukla-KTM, Expert Guide, Necessary porter during the Trek, Group Medical Kit, Trek Package include Sleeping Bag, Private Transportation, All parks entrance fees and Trekking permits, Site entry fees, Drop-pick up from international & Domestic Airport, Hotel in Kathmandu.

Terms and Conditions 2011-2012

Please read carefully these terms and conditions of contract. In completing and submitting the booking form, you agree to be bound by these conditions which constitute the agreement between Nepalese Encounters Tours and Travels P. Ltd and Nepalese Encounters Treks and Expeditions (Registered in Company Act of Nepal: Tours R.No. 15351/057-58, Treks and Expeditions R. No. 55530/065-066). These conditions apply to the exclusion of any other terms and conditions unless they are set out in the booking form or are otherwise agreed to in writing by the parties. Previous dealings between the parties will not vary these conditions. No purported variation of these conditions will be effective unless in writing and signed by a person so authorised by Nepalese Encounters.

- 1. Booking:** To reserve your place on one of our tours, you should complete form and send it with non refundable deposit of \$100 per person per trip. Some requires additional deposit or instant payment for a permit
- 2. Payments:** Balance of tour price payable to Nepalese Encounters 60 days prior to departure. If the balance of the tour price is not received by Nepalese Encounters by the required time you will be taken as having cancelled the tour and cancellation charges in accordance with condition 4 apply.
- 3. Amendments/Transfer:** You will be liable for any additional cost or permit fee while amending tour or making transfer from one tour to another.
- 4. Cancellation:** If you wish to cancel your tour, you must notify Nepalese Encounters in writing. Once Nepalese Encounters receive your notice, cancellation will take effect subject to the following. # If cancellation takes place more than 60 days prior to your departure date your full deposit will be forfeited. Each refund will incur a \$30 administration fee. #If cancellation takes place between 60 and 30 days prior to your departure 50% of the tour price will be forfeited.# If cancellation take place less than 30 days prior to your departure date 100% of the tour price will be forfeited
- 5. Health and Fitness requirements:** You must be good health and physical condition and are strongly advised to follow our pre-departure fitness training recommendations, where necessary.
- 6. Medical:** You declare and warrant that you are in good health and mental and physical fitness at the time of booking and you have disclosed to Nepalese Encounters every matter concerning your health and mental and physical fitness of which you aware our ought reasonably the expected to know that is relevant to Nepalese Encounters decision to permit you to go on the adventure tour.If you fail to comply the duty of disclosure in the conditions and if Nepalese Encounters would not have permitted you to undertake the tour or continue participation of the tour, had you make full disclosure under the condition, Nepalese Encounters will not be liable, except to the minimum extent required by law for personal injury, death or property damage or loss incurred by you.
- 7. Tour Leader/Guide:** Nepalese Encounters reserves the right to change the tour leader/guide at any time ,the nominated tour leader of the any tour whom is given any time the task of you leading or supervising any aspect of tour.
- 8. Cancellation due to Tour Booking Numbers/Unexpected Political changes:** Nepalese Encounters reserves the right to cancel any tour prior to departure in the event that there are to few people booked or unexpected political changes made strike or similar on a tour in which case you will be given a full refund of the tour price paid by you. You will not be entitled to claim any additional amounts or seek any compensation for any injury, loss, expenses or damage (direct or consequential) or for any loss of the time or inconvenience which may result from such cancellation (including but not limited to visa, passport and vaccination charges, or departure, gear purchases, airport and taxes)
- 9. Route Changes, Postponement, Cancellation or Delay:** Nepalese Encounters reserves the right to #change the date of departure or conclusion of the tour or modify any aspect of the tour or # cancel or modify any routes within the tour or objectives set out in the itinerary #or substitute different or equivalent routes within the tour in place of cancelled or modified routes or # postpone cancel or delay (either in relation to the departure or arrival times of the duration of the tour)any such aspect of the tour if in the absolute discretion of Nepalese Encounters, it is necessary to do so due to inclement weather, snow or icy conditions or conditions that are otherwise likely to be hazardous or dangerous or due to any other adverse or threaten conditions whether political or military or terrorist or otherwise or if, in absolute discretion of Nepalese Encounters, there is a like hood or any such event occurring which may impact upon the safety of the participants or if an act or omission of a third party prevents the tour or the aspect of the tour being undertaken in accordance with our booking or for any other reason considered necessary by Nepalese Encounters in the event of any change, modification, cancellation postponement or delay under this condition .You acknowledge that you will have no right of refund of the tour price (whether in whole or in part) and no right to claim compensation for any injury loss or damage or other additional expenses incurred by virtue of the change modification cancellation postponed or delay.
- 10. Insurance:** Personal Insurance is not included in the tour price: You must provide evidence to Nepalese Encounters that you have obtained the personal travel insurance. You must ensure that your insurance covers all of the activities you expect to participate in .You must carry your valid documents such as passport, visa or similar and you will not be refunded if you are denied to entry any basis.
- 11. Airlines and other transport providers:** Conditions of contract are not issued on behalf of any airlines or mode transport of the tour. In the event hat an airline or mode of proposed transport fare schedule is amended or cancelled ,such amendment or cancellation will not be considered a cancellation of the tour by Nepalese Encounters.
- 12. Tour Price:** Nepalese Encounters reserves the right to amend the tour price which may increase price outside of its control such as exchange rate fluctuations or fuel cost /airfare.
- 13. Exclusion from tour price:** Without limitation ,personal travel insurance, visa, permit, airport tax, extra meals/transport/accommodation or other expenses not included in the itinerary are excluded from the tour price. Personal nature like Medical expenses and items of personal nature, emergency evacuation and or emergency search charges are not included in the tour price. Additional expenses caused by delay accidents or disruption of planned itinerary are not included. Tips, onboard beverage and excess baggage charges are not included
- 14. Force Majeure:** Nepalese Encounters is prevented (Directly or indirectly) from performing any of its obligations under the agreement by reason of act of God, strikes, trade disputes, fire breakdowns, interruption of transport, government or political action acts of war or terrorism, acts of omissions of third party or for any other cause whatsoever outside Nepalese Encounters reasonable control. Nepalese Encounters will be under no liability whatsoever a you and may at this option ,by written notice to you either cancel the tour or take any other action as specified in condition
- 15. Assumption of Risk:** You acknowledge that #by the every nature of adventure travel and trekking holidays they are more challenging and demanding with a commensurately higher level of risk compared with conventional holidays and involve potential exposure to injury and possibly death # and in the countries and regions in which adventure travel as undertaken, standard of accommodation transport health care hygiene safety and service provision generally are often not as high as those standard in your country of resident and my require flexibility and patience on your part# Operational control of the tour may be in the hands of a third party and that your right of action in regards to any shortcoming of that third party's performance is against the third party and not against Nepalese Encounters
- 16. Disclaimer:** # Nepalese Encounters acts as booking agent for third party tour operator and accepts no liability for the acts of omissions of those third party tour operators and #Nepalese Encounters will not be liable to any breach of any law by any person whom you travel on the tour and #you may not rely on any representations concerning the tour made by Nepalese Encounters which are the not contained in these conditions.
- 17. Jurisdiction:** This agreement and the rights and obligations of the parties will be considered and take effect in accordance with and be government by the laws of Nepal.
- 18. Local Agent:** Further terms and conditions apply while buying these services from outside Nepal. Please consult your local agent for details.

Reservations Travel Agents Only

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